

# GOD OF REST\*

*God gives rest. Sabbath codifies this creation principle. Christ offers rest for the soul. We enter His rest.*

SCRIPTURE†	MUSIC‡
<b>Genesis 2:1-3</b> <b>Exodus 16:22-30</b> <b>Exodus 20:1-11;</b> <b>Exodus 33:7-14; Leviticus 23:3</b> <b>Psalms 95</b> <b>Matthew 11:25-30</b> Matthew 11:28-30 <b>Hebrews 3:7-4:13</b>	<b>A Christian's Daily Prayer</b> <b>Be Still, My Soul</b> <b>I Sing the Mighty Power of God</b> <b>Like a River Glorious</b> <b>Take Time to Be Holy</b> <b>Turn Your Eyes Upon Jesus (Refrain)</b>



**NORTHWEST VALLEY BAPTIST CHURCH**

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\* Part 2 of 2 in “**Sabbath**” series; corresponds to Sunday following **Labor Day**, after “**God of Work.**”

† Daily preparatory readings shown in **bold.**

‡ Published choral and vocal music shown in **bold.**

# PRESENTING & PROMOTING THIS THEME

## SABBATH REST FROM LABOR

**Genesis 2:1-3** | *Rest was established by God at Creation. He didn't need to rest, but He did. He set the pattern for us to work 6 days, and rest on the 7th. Adam and Eve needed a day off from their labor even before the fall. God commanded the Israelites to remember the Sabbath and keep it holy. While we are not under the law, God put in us a need for rest. Rest doesn't mean sleep. When God rested, He stopped working. Sunday should be day set aside for worship and rest in God.*